Evergreen

Evergreen, July 1.- David Bailey spent last week in the home of Mr. and Mrs. J. K. Hamilton and sons.

Mr. and Mrs. Ernest Calhoun, of Baltimore, Md., are spending this week in the home of Mrs. O. C. Paulette.

Sammy Jennings, of Camboria, Va., is spending some time with his grandmother, Mrs. Elia Jennings.

Mrs. C. J. Paulette visited Mr. and Mrs. Cecil Lerner and family last week in Lynchburg.

Mr. and Mrs. Jimmy Harris and son, of Lynchburg, spent the week-end with his parents, Mr. and Mrs. R. E. Harris.

Mrs. Alverta Dinkins, of Lynchburg visited Mr. and Mrs. G. W. Glover last week.

Misses Wanda Kay LeGrand and Juanita Martin are visiting relatives in Richmond.

Mr. and Mrs. T. E. Inge and family were luncheon guests of Mrs. Clara Garrett Sunday.

Mr. and Mrs. Elmore Farrar and daughter, of Petersburg visited relatives here Sunday P. M.

Mrs. Eunice Lumm, of Petersburg, was a visitor at her home here last week.

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Mr. and Mrs. J. C. Staples visited Mrs. Sam White and family last week in Lynchburg.

Mrs. Elizabeth Robinson, of Campbells spent Saturday in the home of Mr. and Mrs. C. J. Paulette.

BEEF PRODUCTION PRACTICES HAVE CHANGED, SAY THE SPECIALISTS

The days are about over when the average beef cow man can raise or buy a herd of cows, more or less forget about their production until they reach old age, and then dispose of the entire herd, says Curtis Mast, animal husbandman at VPI.

In the present day of competition it is mandatory for every livestock producer to strive for top efficiency, and it has become not only desirable but necessary to constantly cull the cow herd and check the production of each animal if the herd is to be profitable, Mast says.

Production Too Low

Production isn't as high as it should be Mast believes. Within the very best herds, there is a wide variation in productivity of the individual cows. For instance, on one large farm in northern Virginia, the top fourth of the beef cows produced calves worth $30 more than those of the bottom fourth. Within that herd some cows produced calves worth $50 more than the others. With this wide variation, it is readily apparent that income in beef cow herds can be greatly increased by merely selecting and eliminating the poor producers.

The average producer can improve his income tremendously in a cow herd by having some way to identify each cow, record the calving date, and record the weights and grades when the calves are sold. By doing this he can automatically cull out the poor producers and replace them with better heifers. In most herds there will be as much difference as 150 pounds in the weaning weights of calves.

Start Culling Early

A short cut toward having a high producing herd is to cull the heifer on the basis of the first calf. Naturally the heifer doesn't raise the first calf as well as she does her fourth or fifth, but culling heifers that do a poor job with the first calf will be right most of the time and will avoid the possibility of keeping a poor producer.

By breeding at the proper time, the beef cattleman can increase the total weight of his calf crop considerably. Most cattlemen wean calves and send them to market in October. A calf looks best while it still has the "milk bloom," and therefore should not be weaned before going to market. Every cow needs about 2½ to 3 months rest between the time the calf is weaned and the time the new calf comes, so sometime around January is the time to start the herd calving. On most farms, this will produce the most beef of highest quality on the least amount of feed.

In the herd at VPI, studies have shown that February calves weigh 50 pounds more at weaning time in October than March calves, and March calves weigh 40 pounds more than April calves. Cows calving in January will need more winter feed than cows calving in March, but the additional income more than offsets the additional cost of wintering.

An aid to cattlemen is the Beef Cattle Improvement Association in Virginia which provides a method of selecting the top producing cows or identifying the production ability of each cow in the herd. It also evaluates the bulls used in the herd. Most says every purebred producer should take advantage of the service offered by the Association, and most large commercial operations will also find it profitable to take part. One poor producing beef cow pulled out of the herd and a new one put in to replace her can pay the cost of Association membership for a year. Anyone interested should contact his county agent.

Health and Beauty

More emphasis is being placed on nutrition today than ever before. Despite the surpassed American food supply, authorities note that there are dietary deficiencies at every income level and that 20 per cent of the nation's population is overweight.

There is a great volume of material written on this subject; however, it is important to know how to separate the sound information from the unreliable.

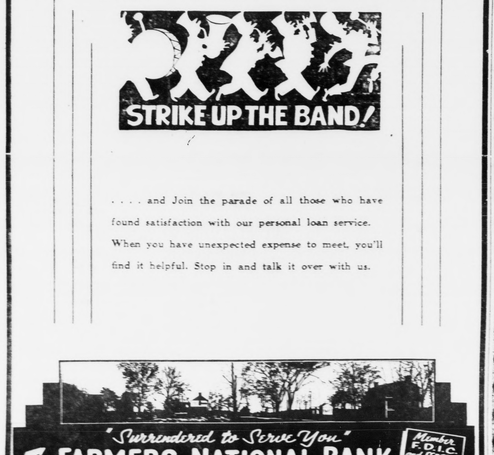
Fad diets to gain or to lose weight are always bad. The best way to lose weight is to cut down on your intake of food and to get more physical exercise. At the same time you will want to increase the amount of fresh fruit and vegetables and lean meat you are eating, eliminating the starches, refined foods, excessive amounts of sweets and fats. Drink skim milk and unsweetened fruit juices.

Some doctors have even gone so far as to state that if you want to live longer and feel better, you should stay on a low-fat diet. It has been said that anyone, at any age, can make low-fat eating a way of life and a way of lasting health, a stronger heart, and happier living.

We know for a fact that diet is the key to your health and an important factor in the cause and cure of many ills. In many countries the problem of getting enough nourishing food to eat is of primary importance. This is not true in America. Our problem is quite the opposite; our diet is too rich in fat as well as calories, refined sugars, starches and oils. It is often found low in essential minerals and other vital requirements.

The wholesome food is here in abundance — for the buying. It often costs much less than the less wholesome food so many of us choose.

Motorized movie seat is among new patents.



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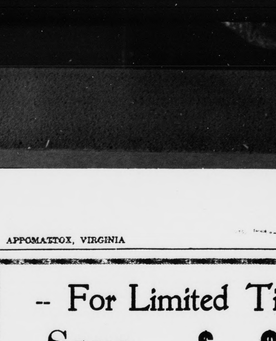

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"Everything To Build Anything"

Farm News

By J. A. Smith, County Agent

...E SOIL SAMPLES
...FALL SEEDINGS

...time to take soil samples and send them for testing ...seeds crops.

...at VPI, who claim ...without taking soil ...ple like trying to read ...ng that now is the ...the soil testing laboratory at VPI and samples can be ...more promptly than at other ...of the year.

...will be needed in the ...soil should be tested ...lands, alfalfa, pasture, ...and possibly some ...grass or pearl millet. ...tests will show whether ...is needed. Lime usage ...lack of lime can ...of fertilizer. In ...,000 tons of lime ...Estimated needs are for ...to raise the ...cropland to the proper ...and, for 1,000,000 tons ...maintenance.

...also gives an indication ...fertility level of the ...by a guide in making ...as to how much fertilizer ...analysis to use.

...and record sheets are ...from county agricultural ...offices, and from other progressive workers. It is ...to take a good sample. ...are on the back of the ...sheets.

...OOL HOGS — COLD CASH!!

...will have gain faster and need ...feed per pound of gain.

...Ridgway, associate animal ...at VPI, says there is ...per day gain in weight at ten...above 90°. At 60°, 100 ...of feed will produce 100 ...of gain on 220-pound hogs, ...it takes 12,200 pounds of ...to produce 100 pounds of gain. ...pay to keep them cool.

...Ridgway suggests using a sprinkling ...or mud for hogs that are on ...pasture. Or a sanitary hog wallow ...dug. Fifty pigs can be accommodated ...a wallow 10 feet square. ...shade is provided near it, ...pen shade over the wallow. ...pouring on concrete floors ...more comfortable on a two-inch ...of damp sand.

...Ridgway Godsey has this ...Keep spring hogs and try to ...them by the middle of August, ...usually reach a peak in July ...early August. Present hog prices ...about twice the 1955 low of ...Farmers should try to ...more heavier quality, meat-type ...that will help increase the consumption of pork.

...SEED PAINT JOB

...check the condition of the metal ...on your farm buildings. ...the advice from G. D. Kite, ...engineer at VPI, who ...that timely paintings and repairs ...roofing will save labor and ...money in buildings. ...painting roofing should be painted before evidence of the slightest rusting. Good quality galvanized roofing will not need painting for several years after it is placed on the building, but low-cost roofing should be painted after the first year of use, Kite says.

To save labor and expensive rust-inhibiting paints, it's a good idea to buy the better grades of roofing, even though the initial cost is more.

If the paints are applied directly to a rusty roof, expect early peeling and continued rusting, Kite warns. When applying the rust-inhibiting paints to rusty roofing, brush off the loose rust with a wire brush.

Washington Notes

President Irritated

A "very irritated" President Eisenhower has undertaken to find out whether the United States' exhibit at the Brussels fair is as bad as some critics say.

He has ordered George V. Allen, Director of the United States Information Agency, to make a flying inspection trip to the fair and give him a personal report.

The President acted at the instance of Republican Senate leaders who told him at their weekly White House conference of complaints from constituents who had visited the fair.

STUDY SOVIETS

President Eisenhower and Secretary of State Dulles have started a new appraisal of United States - Soviet relations.

They seek to determine whether current negotiations over such issues as a summit conference offer any real hope of producing agreements.

Both men appear to be convinced that Soviet Premier Khrushchev is following much tougher policies than before toward the rest of the world, but they are not sure why.

STRONGER ECONOMY

For the first time in its history the Social Security System is paying out more in benefits this year than it is taking in from taxes and interest.

Its trustees reported to Congress recently that the Old Age and Survivors Insurance trust fund will drop about $428,000,000 in the fiscal year ending June 30, and may show a total decline of $3,000,000,000 to $4,000,000,000 for the five-year period ending June 3, 1962.

LABOR BILL VOTED

The Senate has passed the Kennedy-Ives labor bill. The vote was 88-1. The dissenter was Senator George W. Malone, Republican of Nevada.

The bill now goes to the House of Representatives, where its future is doubtful. Most observers believe the House is not disposed to act, but a drive by the leadership could reverse that.

If enacted, the bill would be the first general labor control law since the Taft-Hartley Act of 1947

Atomic Research Limited

The Administration, for reasons of economy, has drastically curtailed construction of research facilities for the Atomic Energy Commission.

As a result the commission will be unable to begin work on new laboratories and research facilities that scientists in the laboratories and the commission feel are necessary to advance United States knowledge of nuclear energy.

BEEF PRICES UP

The Agriculture Department has reported that beef cattle prices — at the highest levels in six years — are encouraging some dairymen to send milk cows to slaughter.

In some areas, the agency said, returns are more favorable than returns from production of milk. The prices of the latter have declined this year, largely reflecting lower government price supports.

PRODS U. S.

Yugoslav representatives have appealed to Pentagon officials for speedier deliveries of military equipment purchased in the United States.

The equipment consists mostly of spare parts for jet aircraft the United States formerly supplied as military aid. No request to buy military planes has been made, according to officials.

ANT-KILLING JOB EASIER IF YOU FIND THE NEST

Ants are a large, varied, and highly adaptable family. But one thing they all have in common — they build nests or colonies where a great number of the same species live together and raise their young.

In getting rid of these pests of home and garden, the job is much easier, suggests Dr. J. O. Rowell, entomologist at VPI, if you can locate the nest. Unless you storm the stronghold and wipe out the entire colony, the adaptable ants may simply change their travel routes, and possibly their sources of food, and leave you to carry on a more or less losing campaign of guerrilla warfare.

Finding an ant nest in the house is not always easy because it may be behind a wall or under the foundation or between floor and subfloor. In such case, the next best thing is to find the crack or outlet through which the ants pour and treat the area thoroughly with a long-lasting insecticide.

Chlordane is recommended as an effective insecticide for ants though there are several others that can be used, such as dieldrin or lindane. They may be applied as sprays, dusts or granules. In using the insecticides, and in preparing sprays from wettable powders or emulsifiable concentrates, be sure to follow the directions of the manufacturer.

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SUDAN GRASS AND PEARL MILLET GRAZING

Graze Sudan grass or pearl millet rotationally. Let Sudan grass reach a height of 18 inches or taller before grazing for higher yields of both crops and with Sudan grass, to avoid the possibility of prussic acid poisoning. Graze down to a height of 6 to 8 inches, then remove the animals and permit recovery to the 18-inch height. Pearl millet may be grazed at a lower height without danger to the animals because it contains no prussic acid. The 18-inch height is the minimum for high yields of both crops. Higher yields can be expected by permitting Sudan grass or Pearl millet to grow taller than 18 inches before grazing. When this practice is followed, grazing should begin before the crop becomes excessively coarse and lower in digestibility, usually not over a height of 24 to 30 inches. If either Sudan grass or Pearl millet approaches or reaches maturity before garzing or harvesting, recovery will be seriously retarded.

Strip grazing or restricting the area to be grazed to that needed for 2 to 3 days grazing will result in less waste by trampling. Both Sudan grass and Pearl millet are excellent for "zero grazing."

Driver Fines Himself $5

Chillicothe, Ohio.- A $5 check arrived at Municipal Court with this letter:

"I run through a red light last week, but not intentional, but still I ran through it. So I do fine myself $5 and hope not any more. I have driven since 1910 and never had no accident caused by me, and this is the first time I have fined myself for breaking a traffic law."

Nobleman Earns Income

Peiping.- Former noblemen and women of China's Manchu dynasty now in their sixties, have been formed into "handicraft" units, and are earning about $1 a month making slippers, cardboard boxes and fly swatters, according to the Peiping Evening News.

Space glider is ordered by Air Force.

Navy to convert three ships for oceanography

Israel To Get Jets

Tel Aviv.- France will supply the Israeli Air Force with Vautour (Vulture) jet bombers, according to an announcement by an Israeli Defense Ministry spokesman.

PACTS SIGNED

London, England.- Britain and Japan have signed an agreement under which the Japanese will buy a British-built atomic electric power plant designed to withstand earthquakes.

At the same time, Japan signed a ten-year agreement with the United States in Washington. The United States will provide Japan with 2,700 kilograms of enriched uranium for atomic power reactors.

Both agreements must be ratified by the Japanese Parliament.

Scholastic Recognition For Local Students

Fredericksburg, Va.- Scholastic recognition for the second semester at Mary Washington College of the University of Virginia was recently given 325 young women. Among those on the Dean's List were June graduates Suzanne Blythe and Patricia Alvis of Appomattox.

Musical Icebox

Texarkana, Tex.- Music, anyone? When she turns her radio on in an adjoining room, Miss Gladys Yenglin has a musical refrigerator in her kitchen. The same tunes by way of refrigerator sound weird and ghostly, but are recognizable. Plumbers and electricians can find no reason for the oddity.

Canoe:

Recruiting for the armed forces is reported to be going ahead at a pretty lively rate. Probably a lot of young fellows have discovered that being a civilian is a luxury they canot afford at this time.

—New Yorker.

Futile

"Do you know taat your wife is going about telling everybody that you can't keep her in clothes?"

"That's nothing. I bought her a home and I can't keep her in that either."

Brooklyn Navy Yard facing some lay-offs.

Favoritism on TV channels is charged to F.C.C.

Morocco is fearful of Algerian repercussions.

They Always Do

Tommy came home proudly from his first day at school.

"What did you learn in school?" asked his mother.

"Nothing," said Tommy; then seeing the look of disappointment on her face, he added, "but I learned a lot during recess."

A-PLANT PLANS GET 'GO' SIGN

Raleigh, N. C.- Negotiations looking toward final contracts for the Southeast's first atomic power plant were authorized June 30.

Directors of the Carolinas Virginia Nuclear Power Associates, Inc. gave the go-ahead to its Steering Committee. The action followed the Atomic Energy Commission approval last month of the CVNPA application.

N. A. Cooke, of Charlotte, president of Duke Power Company and also Carolinas Virginia Nuclear Power Associates, Inc., president, commented, "I am pleased with the progress being made and feel that the project is well on its way."

IN FASHION NOW

By Frances Deil

The middy is making news in the new sleep chemise that is boldly reminiscent of the flapper styles. While many women have been a bit slow to wear the chemise or new middy-type garment for all to see, it is a quite different story in the sleeper department.

A new collection of morning additions, to wear attractively at the breakfast table have come into being. Dreamwear designers are alert to your wide awake hours as well as dream-time, and are doing all they can to keep you beautiful over your morning coffee.

A romper-sleeper is popular with its matching finger-tip length topover for cover-up. You can have a wardrobe of saucy skilees — one and two-piece sleepers that have their own separate pleated skirts for morning attire. You may like the croisanla — a lovely on-to waist jacket designed to show off the tiered tutu skirts of the Paris inspired baby dolls and waltz gowns.

The 1920's are interpreted in flapper fashions that are attractive and comfortable. The chemise goes to the knees, or stops short to meet the edge of brief matching panties. The middy is matched with new deck-length pants or the briefest of bloomers that just show under the sailor top.

The Muu Muu — an import from Hawaii — is making a hit with all ages. It is a loose flowing gown, comfortable for lounging or sleeping.

Governors ask for non-partisan remedy for recession.

Appomattox is a growing town.

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1955 FORD Fairlane 4 door, V-8 motor, radio, heater two tone paint. White wall tires.

1955 PLYMOUTH Belvedere. 4 Dr. V-8 motor, radio, heater, two tone paint. Automatic transmission.

1953 FORD Club Coupe, Automatic transmission. V-8 motor, radio, heater. White wall tires.

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